

## AKASHA ELLIS PRESENTS



## Ashtanga and Kundalini Retreat

### Villa Sumaya, Guatemala

February 19-26, 2011



### Registration

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Emergency Contact: \_\_\_\_\_

#### **Early Bird Registration and Fees Nov 1st:**

Space is limited and a \$300 deposit will hold your place. Deposit is non-refundable.

Room Options:

Triple \$1012.00

Double \$1150.00

Private single rooms \$1395 (subject to availability).

#### **Registration Fees after Nov 1<sup>st</sup>**

Triple \$1125, Dbl \$1275, Single \$1550

Each room will be assigned based upon registration on a "first come" basis. You can request your roommate

#### **Price includes:**

Lodging for 8 days and 7 nights.

3 Gourmet Vegetarian meals a day (fresh fish or chicken is avl upon request at an additional charge)

All Yoga classes with Akasha

Unlimited tea and coffee service

Filtered water

Our retreat begins on Saturday Feb 19th with dinner and ends Saturday Feb. 26th mid-morning after breakfast.

**Passports are required for travel to Guatemala from the U.S. A visa is not required.**

**MAIL REGISTRATION & PAYMENT TO: AKASHA ELLIS**

**901 MASTERS LANE BHAM, AL 35242**

**FOR MORE INFORMATION VISIT [WWW.BIRMINGHAMYOGA.COM](http://WWW.BIRMINGHAMYOGA.COM)**

*It is always a good idea to consult your health care provider for approval prior to any participation in physical activity.*

**\*\*\*PLEASE READ AND SIGN POLICIES ON PAGE 2\*\*\*REGISTRATION DEADLINE JANUARY 1, 2010**

**PAYMENT POLICIES**

MAILING PAYMENT: Please allow one week for mail travel time.

You may mail payment to: Akasha Ellis, Address 901 masters lane bham, al 35244

- \$300 holds your place
- Pay in full or pay 2 installments
- Installments: 50% Balance due Nov 10th 2009. Remaining Balance due Jan 1st 2010

**CANCELLATIONS/REFUNDS**

Travel Insurance: if you are concerned that you might have to cancel your trip and forfeit some or all of your registration and travel costs, you might consider purchasing travel insurance.

1. TRANSFER: If you are unable to attend the retreat but know someone who wants your spot, you can transfer the full amount to the 3rd party, as long as we are notified by both parties and registration/waivers are signed.
2. CANCEL MORE THAN 60 DAYS (Tuesday, December 22<sup>nd</sup> 2009) PRIOR TO RETREAT. Your deposit will be forfeited but the balance of your fees paid will be refunded to you.
3. CANCEL LESS THAN 60 DAYS (December 22<sup>nd</sup> 2009) PRIOR TO RETREAT AND YOUR PLACE CANNOT BE FILLED:: You will forfeit the entire amount paid.

**NO REFUNDS AFTER 60-DAYS PRIOR TO THE RETREAT**

**RESPONSIBILITIES, WAIVER AND RELEASE OF LIABILITY**

**Emergencies and Health Issues**

Akasha Ellis, Birmingham Yoga and Villa Sumaya is in no way responsible for participant's health during their stay at our retreat center. In the event of emergency we will assist clients to the fullest means possible, but assume no responsibility for outcomes.

**Theft**

Villa Sumaya will have an office safe for valuables however, Akasha Ellis, Birmingham Yoga, Villa Sumaya assume no responsibility for theft or loss of valuables in rooms or on hotel grounds.

**Weather or Other Natural Disasters**

Akasha Ellis, Birmingham Yoga and Villa Sumaya do not take responsibility or offer discounts in the event of a power outage or an evacuation due to weather or natural disasters.

The participant acknowledges that the retreat can consist of strenuous physical exercise from which he/she can suffer personal injury. The participant agrees to forever hold harmless Akasha Ellis, Birmingham Yoga, its employees, representatives, Terri Sellers, LeAnn Nequette, the guest instructor/s and the hosting facility from any and all liability or damages resulting from personal injury, theft or loss of personal property.

This document is to be interpreted according to the laws of the State of Alabama. All parties herein specifically consent to jurisdiction in Jefferson County, Alabama and agree that any and all lawsuits relating to or arising from this Agreement, the provision of yoga services by Akasha Ellis, Birmingham Yoga/, its owners or employees and/or any other disputes of any kind between the party signing below and Akasha Ellis, Birmingham Yoga, its owners, representatives or employees must be filed in Jefferson County Circuit Court in Alabama.

Signing this 2 page document indicates that you agree with the terms and conditions of this contract and are willing to abide by them.

~Namaste~

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_